

Temple Israel  
**9th Grade Kallah Program**  
**2011 - 2012**



**Providing Jewish Answers to Teens' Questions**

**Welcome!** The 9th Grade Kallah program uses informal Jewish education techniques to teach Jewish kids about making choices about life. Using safe spaces (Camp TEK0 and Temple Israel) to explore the issues that adolescents confront on a daily basis, instructors are able to "break down" barriers that teens normally construct when in their normal environments. They then can talk about issues in a beneficial way with concerned and caring people utilizing Jewish values as a guide. Programs are FUN, educational, and applicable to adolescent life. The program this year consists of four weekend retreats at Camp TEK0 and five Wednesday evenings at Temple Israel. Below you will find a description of each retreat's theme.

We are looking forward to creating a unique sense of Jewish community through study, worship, and service.



# 2011 - 2012 Kallah Dates & Topics



Below is the curriculum for the 2011-2012 academic year. Dates and topics are subject to change. The timing for each event and its location are listed with the program, below.

## **PARENT AND STUDENT ORIENTATIONS**

### **Parent Orientation**

**Wednesday, September 14  
(6:30-7:30pm at Temple Israel)**

**All parents and/or guardians are required to attend.**

Parents are invited to join Rabbi Glaser, Tracy Bomberg and the Kallah staff for an introduction to the Kallah program. During this time, we will review the 9<sup>th</sup> Grade Kallah programming and answer your questions.

### **Student Orientation**

**Wednesday, September 21  
(6:00-8:30pm at Temple Israel)  
DINNER PROVIDED**

This first Wednesday night program will be an introduction to the 9<sup>th</sup> Grade Kallah Program. You will get to meet the staff, start forming relationships with your peers, and learn what the 9<sup>th</sup> Grade Kallah Program is all about. We will review the programming for the year and answer any questions you may have. This will be your chance to let us know some of the things you would like to learn about throughout the year!

## **WEEKEND RETREATS**

**October 14-16, 2011 (Fri., 5 p.m.-Sun., 11 a.m. at Camp TEK0)**

***Kehillah Kedoshah – Creating a Holy Community***

During this retreat we will examine some of the different aspects of community. We will participate in community building activities and take a close look at the characteristics of Jewish community, the qualities that make a leader and the responsibilities of belonging to a community.

**November 11-13, 2011 (Fri., 5 p.m.-Sun., 11 a.m. at Camp TEK0-)**

***Bein Adam l'Atzmo – How We Relate to Ourselves***

Over this Kallah weekend we will delve into the difficult realm of substance abuse and addiction. With the support of peers and Kallah staff we will take a look at the world of drugs and alcohol to which many teenagers are having their first exposure, whether through television, friends or even personal experience. We will ask ourselves what Judaism tells us about how to treat our bodies, and what the consequences of drug and alcohol use are on our life, body and community. We will use group work, staff-led conversations and worship to think about making healthy choices from a Jewish perspective.

**February 10-12, 2011 (Fri., 5 p.m.-Sun., 11 a.m. at Camp TEK0)**

***B'tzelem Elohim – Created in the Divine Image***

The Torah tells us that we are all created in the Divine Image, yet the messages we receive daily from popular culture tell us a different story about our bodies. During this weekend we will explore the tension that arises when we try to reconcile these often opposing viewpoints, and discuss which ones tend to hold more sway in our daily lives. Through Torah study, discussion and fun activities, we will articulate what it means to “look not at the label, but at what is in the bottle” (*Pirke Avot* 4:27).

**April 27-29 (Fri., 5 p.m.-Sun., 11 a.m. at Camp TEKO)**

**Bein Adam l'Chavero – How We Relate to Each Other**

This weekend we will ask all the hard-to-ask questions about sex and sexuality: Can hooking up be holy? How do we make ethical, informed and responsible choices regarding sex? How can Judaism guide us in making these choices? What are the consequences of poor choices? Where can we turn for help making choices in the Jewish community or elsewhere? We'll learn that we don't need "friends with benefits" if we know that friends *are* benefits! In a safe, supportive environment, we will discuss these questions and more, relying on Jewish values and community to help us discuss some of the trickiest topics of adolescence. Scott Fried will be joining us and teaching the teens about everything the teens have always wanted to know about sex, STIs and growing up, but were never really taught. *This won't be your high school health class – it's not a kallah to miss!*

**WEDNESDAY EVENING CLASSES**

**December 14, January 11, May 16**

**DINNER PROVIDED**

**(6:00-8:30pm at Temple Israel)**

During Wednesday evening classes we will tackle Rabbi Hillel's questions that call us to act for ourselves, to act for others, and to act now:

*Im ayn ani li mi li?* If I am not for myself who will be for me?

*U'chsheani l'atzmi ma ani?* If I am only for myself, what am I?

*V'im lo achshav, eymatai?* If not now, when? (Pirke Avot 1:14)

In talking about these questions, we will grapple with major issues of social justice and social change tied to homelessness. We will begin to understand our responsibility as Jews toward others and the world around us, as well as the tools of social change. The teens will learn how to advocate for this issue and will also be taking action through fundraising and participating in *Night on the Street* other organizations whose mission it is to end homelessness.

**Wednesday, March 14 (6:00-8:30pm at Temple Israel)**

**DINNER PROVIDED**

**Family Education Seminar: "Saving a Life is Saving the Whole World"**

**This event is required for all 9<sup>th</sup> graders and their parents and/or guardians.**

During this family education seminar we will discuss the issues surrounding teen depression and suicide. Parents, guardians, students and staff will join together along with an expert in the field to study and discuss ways that we can help one another.

**NIGHT ON THE STREET**

**April 20 (Fri., 5 p.m.-Sat., 8 a.m. at Plymouth Congregational Church)**

**Night on the Street**

***Fundraising is an important part of this event.***

**This event is open to all 7<sup>th</sup>-12<sup>th</sup> graders at Temple Israel.**

"Night on the Street" is a powerful interfaith event where youth of a variety of faiths speak with one voice against homelessness by sleeping out and raising money for affordable housing. We'll learn from others who have lived on the street and challenge ourselves to put our faith into action. The parking lot of Plymouth Congregational Church will be filled with cardboard boxes – each box housing a teen sleeping out to help end homelessness. School classmates of our students often attend with their churches.

*Spend a night on the street so somebody else doesn't have to!*

## **Ninth Grade Kallah Program – Guide for Parents**

- Participants are expected to arrive at all events on time and stay for the full duration of each event.
- Transportation
  - Busing is available for each kallah held at Camp TEK0. We offer drop off and pick up at Temple Israel and the Old Sinclair Gas Station by Ridgedale Mall. You may also drop your child off and pick him/her up at Camp TEK0. You will receive information regarding pick-up/drop-off times prior to each event.
  - Parents will be expected to provide transportation for A Night on the Street. We are happy to help facilitate carpooling.
- Under extenuating circumstances, details of late arrivals or early departures must be approved by the Kallah Director, Tracy Bomberg, at least 48 hours before each event. Any participant who arrives late or leaves early must check in/out, along with his/her guardian, with Tracy.
- The Kallah staff must have prior written notification if someone other than a participant's parent/guardian will be picking up the participant.
- Attendance: All participants are required to attend all scheduled programs. In the case of an absence Tracy Bomberg, 9<sup>th</sup> Grade Kallah Program Director will work with the students to make up missed requirements.
- All medication must be submitted to the 9<sup>th</sup> Grade Kallah Program Director and be in a prescription bottle or original package, including a note from the participant's parent/guardian outlining its use.

### **Ninth Grade Kallah Program Packing List**

*This packing list is intended for each of the overnight retreats at Camp TEK0.*

- Two pairs of jeans
- Weather-appropriate jacket
- Sturdy, comfortable shoes, suitable for running
- Boots (Winter only)
- Two comfortable shirts
- A warm, long-sleeve shirt (i.e., denim, flannel, sweater, sweatshirt)
- Gloves and a hat (Winter only)
- Pajamas
- Warm socks
- Underwear
- Long underwear (Winter only)
- Toiletries
- Towel
- Medicine
- Sleeping bag or bedding
- Pillow
- Water bottle
- Musical Instruments

**Electronics and other valuables should be left at home for all 9<sup>th</sup> Grade Kallah events.**

## Kallah Overview

<b>Date</b>	<b>Time</b>	<b>Location</b>	<b>Topic</b>
September 14, 2011	6:30-7:30pm	Temple Israel	Parent Orientation
September 21	6:00-8:30pm Dinner Provided	Temple Israel	Student Orientation
October 14-16	5pm Friday – 11am Sunday	TEKO	<i>Kehillah Kedoshah – Creating a Holy Community</i>
November 11-13	5pm Friday – 11am Sunday	TEKO	<i>Bein Adam l'Atzmo – How We Relate to Ourselves</i>
December 14	6:00-8:30pm Dinner Provided	Temple Israel	<i>Social Justice</i>
January 11, 2012	6:00-8:30pm Dinner Provided	Temple Israel	<i>Social Justice</i>
February 10-12	5pm Friday – 11am Sunday	TEKO	<i>B'tzelem Elohim – Created in the Divine Image</i>
March 14	6:00-8:30pm Dinner Provided	Temple Israel	<i>Family Education Seminar: "Saving a Life is Saving the Whole World"</i>
April 20	5pm Friday - 8am Saturday	Plymouth Congregational Church	A Night on the Street
April 27-29	5pm Friday – 11am Sunday	TEKO	<i>Bein Adam l'Chavero – How We Relate to Each Other</i>
May 16	6:00-8:30pm Dinner Provided	Temple Israel	<i>Wrap Up</i>

\*\*\*Please keep this page on your refrigerator for quick reference.\*\*\*



Temple Israel  
MINNEAPOLIS

TEMPLE ISRAEL

2324 Emerson Ave S,  
Minneapolis, MN 55405

612-377-8680 [www.templeisrael.com](http://www.templeisrael.com)